



Whatever Next ?



POLICE

'Remarkable'
Mail on Sunday

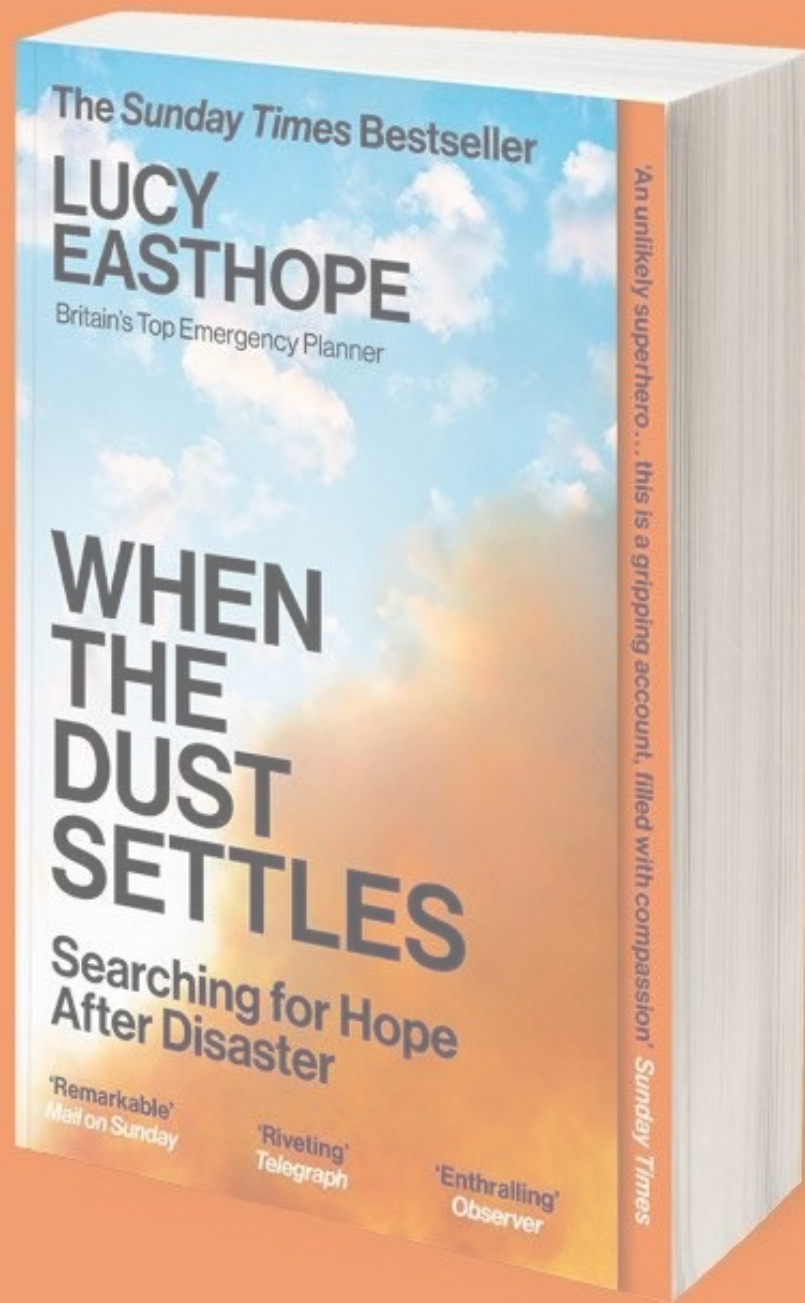
'Riveting'
Telegraph

'Enthralling'
Observer

'Marvellous'
Rev Richard Coles

'Gripping'
Sunday Times

'Exemplary'
New Statesman



'An antidote to despair'
Daily Mirror

**'Brimming with humanity,
humility and humour'**
Sue Black

'Entirely unique'
Irish Times

'Dauntless'
TLS

'Darkly funny'
Sunday Post

'Written with rare humanity'
John Sutherland

Fixity

Hiraeth

Survivance

Hopium

Needful Things

Skills...

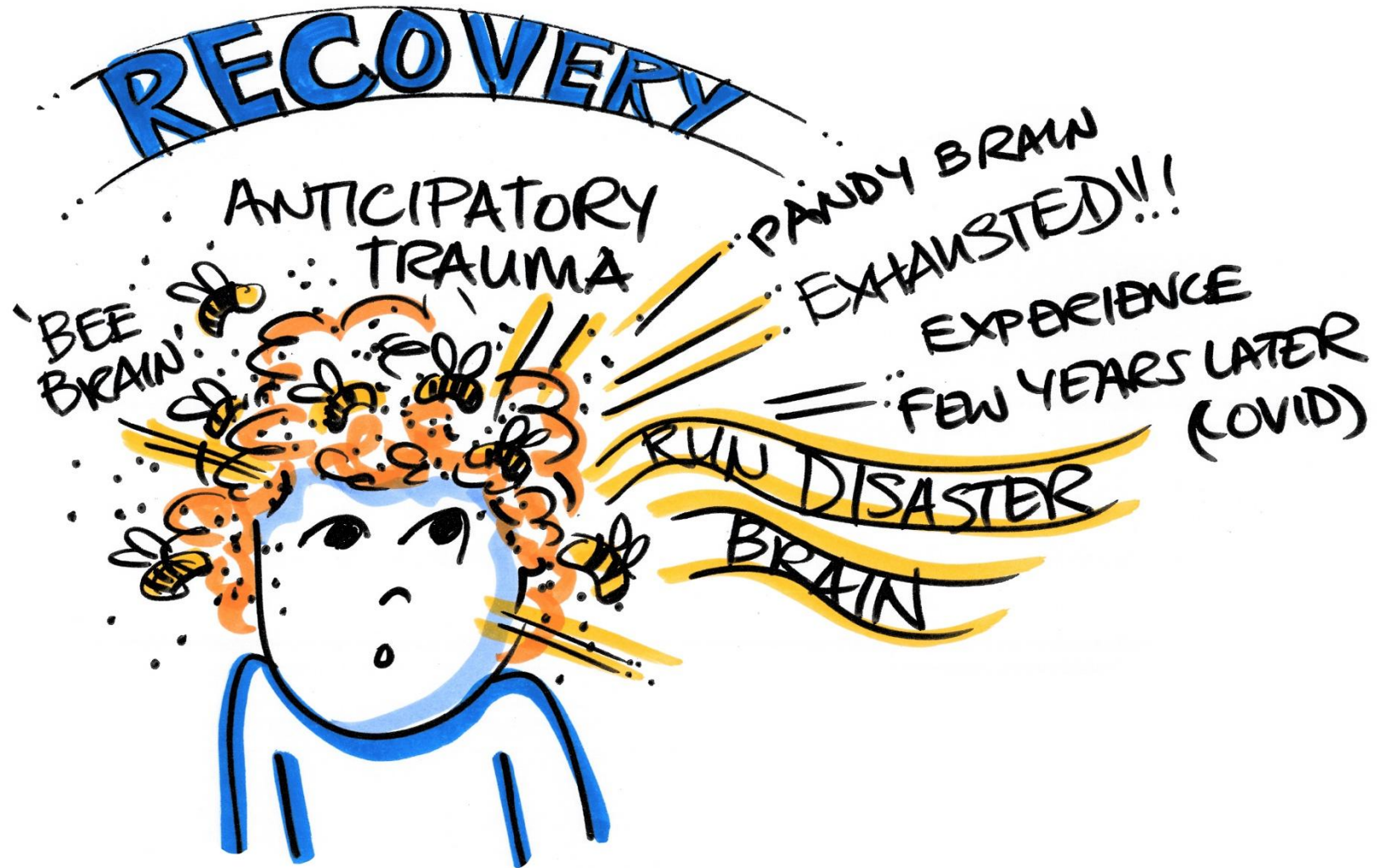
Recovery

speaking,

listening,

helping

Future...



Who am I

- How I work
- What I am asked by strategic commanders
- Bombing of Pan Am 103
- <https://www.youtube.com/watch?v=bSOYE7jhd6s>
- Horrible decisions – War Game
[and citizen preparedness]









BBC

AT YOUR OWN PERIL

Lucy Easthope explores the history of risk, from the origin of probability to the existential threat of nuclear war, artificial intelligence and climate change.

Radio 4 · 5 episodes

Subscribe

Episodes

List Grid

The Precipice

Lucy Easthope explores the history of risk.

07 Feb 2025 · 14 mins

Bookmark

Health

Britain's top emergency planner reveals the 35 things you should always have ready in a disaster (and its not candles...)

Survivalists have given prepping a bad name. But the power outage in Spain shows we all need to prepare for potential crises

BY HATTIE GARLICK PUBLISHED: 29 APRIL 2025



- Disasters of Place

- A very long tail -
Wrexham



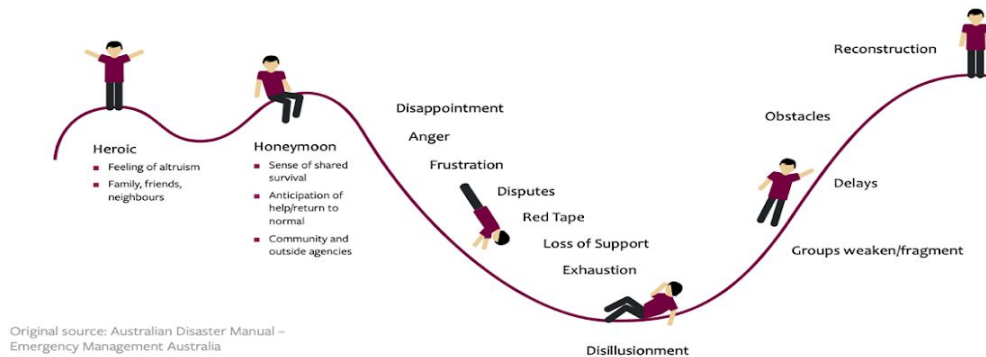


RECOVERY OVER TIME

I te kore, ki te pō,
ki te ao mārama.

From darkness through the night into the world of light.

Recovery is constantly moving and changing. As many who have led in recovery will tell you, the disaster itself was not their biggest problem. Some patterns across time are evident. Know these challenges are likely. Plan for them ahead of time. Have strategies in place.



Original source: Australian Disaster Manual – Emergency Management Australia

Everyone will experience a disaster differently. However, common patterns tend to emerge. Understanding this is vital to anticipating and responding to the challenges faced by community and those working in disaster recovery.

This illustration above tells us that the following are typical and normal:

- to experience a sense of camaraderie, unity and optimism in the early stages
- for recovery to be a long, protracted journey
- for people to have a hard time along the way
- for ongoing stress to make it challenging to retain optimism, tolerance, the ability to problem solve and empathise
- for the majority of people and communities to 'recover' but also to grow from the experience.

Leadership and planning need to take into account the emotional landscape of recovery. In the early stages, there is a proliferation of support, energy, resources, inspirational speeches, goodwill and understanding. As time goes on these become scarce just when they are most important. Plan for these realities.

Know that commitment from others will fade over time as they have other pressures or are again expected to be doing what they were before, so rather than becoming easier as time goes on, recovery becomes harder.

Michelle Mitchell, Canterbury Earthquake Recovery Authority, Christchurch



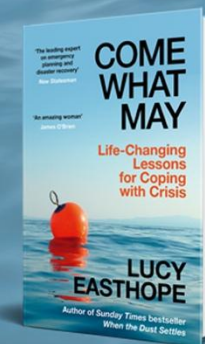
The Slump

[slʌmp] noun

There are factors that elongate 'the slump' after a crisis, like legal aftermaths, long-winded separations, and the 'sadmin' after a death.

Leaving the slump is a slow process; moving on from it isn't triggered by a single epiphany, it's an accumulation of hopeful moments.

Disaster expert **Lucy Easthope** shows you the path out of crisis



LEADING IN

DISASTER RECOVERY

A COMPANION THROUGH THE CHAOS

ELIZABETH MCNAUGHTON JOLIE WILLS DAVID LALLEMANT

ROAD MAP

of this book

NINE KEY MESSAGES

from leaders in disaster recovery around the globe

Each of the nine messages are supported with



quotes



questions for reflection and action



tools to guide implementation

HOW IS RECOVERY LEADERSHIP DIFFERENT? page 4



1. HAVING A NOBLE PURPOSE
page 8



2. BEING ETHICAL
page 10



3. BEING INTENTIONAL
page 12



5. KEEPING PERSPECTIVE
page 16



4. MAKING DECISIONS
page 14



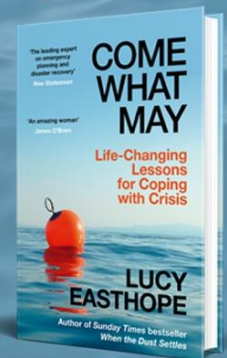
**Human Costs
including in
the very long
term**

Bad Help

[bad + help] noun

Bad help in a crisis can end up causing more harm than good, like overpromising and then failing to deliver, or gifting in a way that ends up burdening the recipient. We might also experience toxic positivity: platitudes like ‘at least it was quick’ can hurt.

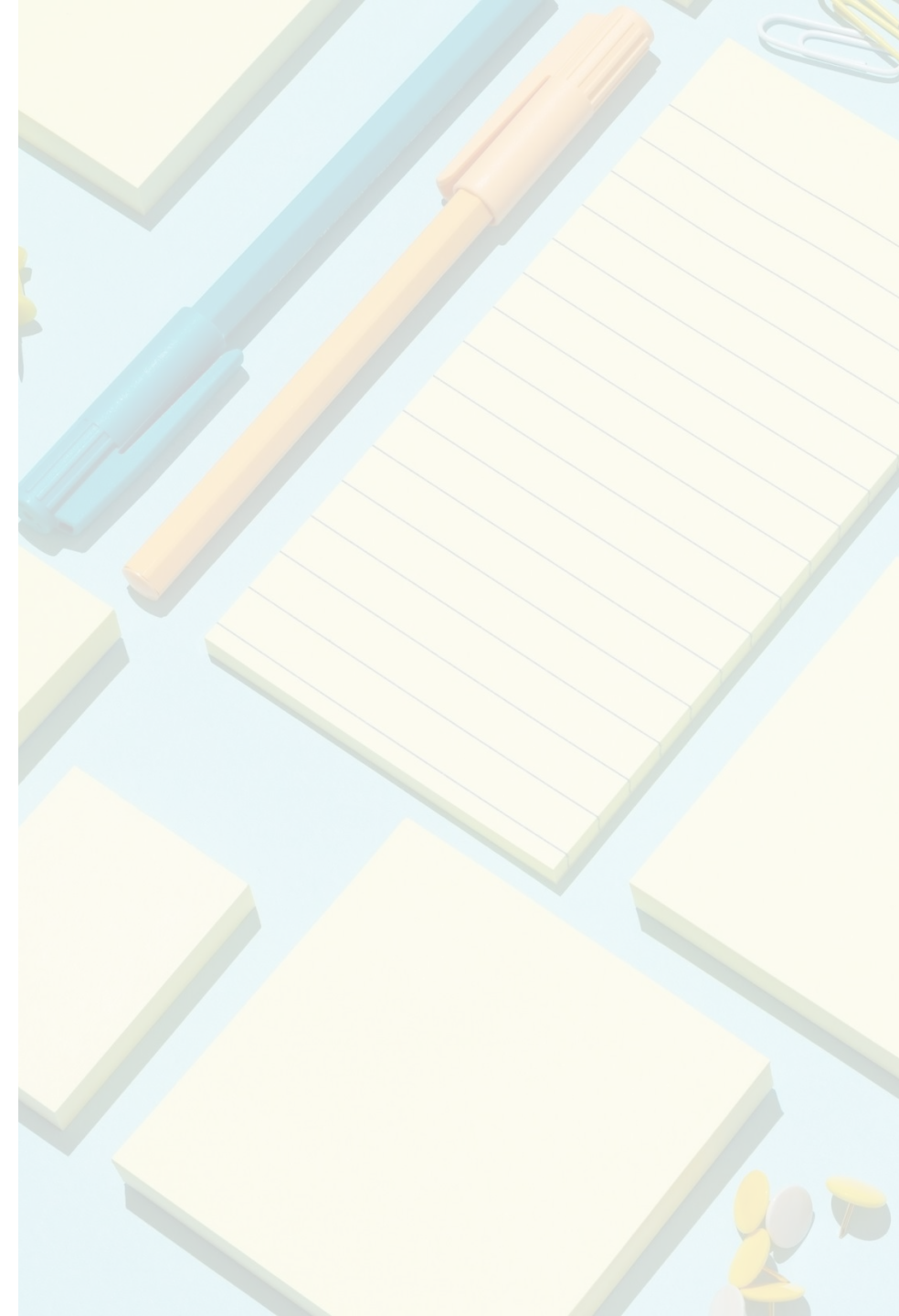
Disaster expert **Lucy Easthope** shows you the path out of crisis





Main takeaways

- Tools can be useful even if not in crisis
- Exercise like responders – test your leadership
- Remember the Disaster Recovery Graph
- Be open to learning and developing
- Get ready – *“Help isn’t Coming”* - RWCS
- Take care of you



Director@whatevernext.org.uk

@lucygobag – X

@lucygobag.bsky.social

@WhenTheDustSettlesLucy - INSTA

www.whatevernext.info

